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# Rotary Club of Apex

"SERVICE Above Self"

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## APEX ROTARY NEWSLETTER - AUGUST 28 & SEPTEMBER 04, 2008

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The following is a quote from a personal eulogy given by a past member of the Apex Rotary Club for a deceased member at gravesite. A concept by which we members should all abide.

*"For those of us who remain, and especially for our fellow Rotarians, we should always be mindful of this life well lived, a life of service above self, a life in which service to God, service to country and service to family was an unending mantra. Would that we all live such a life!"*

### The Basics

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Attendance: [Aug.28 Meeting](#) 33 Apex Members

**Attendance:** [Sept. 04 Meeting](#) 39 Apex Members

**Rotarian Visitors - Both Meetings:** Bill Rousseau, Holly Springs; Ken Jarvis, Holly Springs; Dwight Cochran, Ex Apex Member; David Johnson, Cary MacGregor; Marco Ramirez, Holly Springs; Kate Voss, Cayman Islands & Barry Porter, Downtown Raleigh.

**Guests - Both Meetings:** Taki Donovan, Jamilyn Cole, Dr. Sri Ambati, Jay Keller, Brent Faris & Shawn Overtling.

**Inducted** None

**Makeups:** Dudley Moorhouse, Margie Maddox & Lora Bulla who helped at the Life Experiences Auction & Howard Malinski.

**Speaker: August 28 Meeting** - Don Emmitte (No Photo) hosted by Karen Byrd. Don spoke on the subject of "*Conflict Resolution*".

What Is Conflict Resolution? There are many ways to resolve conflicts - surrendering, running away, overpowering your opponent with violence, filing a lawsuit, etc. The movement toward Alternative Dispute Resolution (ADR), sometimes referred to simply as conflict resolution, grew out of the belief that there are better options than using violence or going to court. Today, the terms ADR and conflict resolution are used somewhat interchangeably and refer to a wide range of processes that encourage nonviolent dispute resolution outside of the traditional court system. The field of conflict resolution also includes efforts in schools and communities to reduce violence and bullying and help young people develop communication and problem-solving skills. Common forms of conflict resolution include negotiation, mediation, arbitration, mediation-arbitration, a hybrid that combines both of the above processes. Early Neutral Evaluation involves using a court-appointed attorney to review a case before it goes to trial. Community Conferencing is a structured conversation involving all members of a community (offenders, victims, family, friends, etc.) who have been affected by a dispute or a crime. Negotiated Rulemaking is a collaborative process in which government agencies seek input from a variety of stakeholders before issuing a new rule. Peer Mediation refers to a process in which young people act as mediators to help resolve disputes among their peers. The student mediators are trained and supervised by a teacher or other adult.

**Speaker: September 04 Meeting** - Barry Porter, Executive Director of the Triangle Area Chapter of the American Red Cross, hosted by Rachel Campbell and assisted by Jill Cob, AMC Board Member (Photo Above). Barry, a Raleigh Rotarian, gave a synopsis of the history of the American Red Cross.

Swiss businessman, Henry Dunant, founded the Red Cross Movement after witnessing an 1859 battle outside the northern Italian town of Solferino. At nightfall, he saw 40,000 dead and wounded soldiers strewn about the battlefield without medical attention and began organizing care for the wounded. Dunant remembered the horror of Solferino and worked to establish a society for aid of those wounded in battle. In 1864, the first "Geneva Convention" established the International Committee of the Red Cross and specified that the "red cross" would be a protective emblem for medical personnel, equipment, and facilities. In 1901, Dunant received the first Nobel Peace Prize for his work.

Clara Barton, the famous Civil War nurse, admired the Red Cross movement and established the American Red Cross in 1881. That same year, she sent relief supplies for those left homeless by the devastating forest fires in Michigan, and later led relief efforts during the great Ohio and Mississippi River flood of 1884. Heroic efforts after the Johnstown flood of 1889 firmly established the Red Cross in the hearts of the American people.

#### ANNOUNCEMENTS & REMINDERS

**IMPORTANT - September 10 - Wednesday at 8:00AM** - Board Members & Committee Heads will meet at Pannera Bread Restaurant on Route 55 in Apex. **This is a very important meeting and the President asks for your cooperation in attending.**

**Oct. 30, 2008 The Rotary Foundation Seminar** will be held at the Durham Marriott at the Civic Center on October 30th from 6- 8:30 pm. The agenda is still being finalized. The focus will be on the Rotary Foundation's programs that create added value for District 7710, over and above our annual contributions. All club presidents, club foundation chairs, new club members and all interested Rotarians are encouraged to attend. Members will have the opportunity to learn the do's and don'ts about submitting grant applications to the District for matching funds; collect brochures on their favorite Foundation programs; and network with other clubs seeking partners on international projects. Registration deadline is October 20, 2008. The cost will be \$10/person. Food and beverages served. To register, contact District Executive Secretary Katherine Gilliland at 919-349-4126 or katherine.gilliland@yahoo.com

**December 18, 2008 - Apex Rotary Christmas Banquet:** Details to follow.

**February 22, 2009 - Apex Rotary's Stop Hunger Now Million Meal Event - Apex Methodist Church:** Details to follow.

**March 01, 2009 (new date) - Stop Hunger Now Million Meal Event run by the Apex Baptist Church:** Apex Rotary volunteers welcome. Details to follow.

## FOLLOW UP - ROTARY WORLD PEACE FELLOWS

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A message was sent on behalf of PDG Carol Allen, as a follow-up to the requested items for the newly arrived Peace Fellows:

Dear Rotarians,

I have been overwhelmed by the response to my email asking for donations of furniture and household items for the new class of Rotary World Peace Fellows. You truly exemplify Service Above Self.

Thank you all so much for your generosity. At this point, I pretty much have everything we need. But, if you did offer some furniture and I haven't asked for it, I still may. I'm trying to find storage space so I can hold all of the furniture I didn't use for the next class. And to give me the option of storing furniture as it becomes available. If you have storage, or know someone who does, please contact me. Thank you again. I continue to be awed by what Rotarians will do to help someone else. Warm regards, Carol

## Special Notes

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**Make Ups:** Please remember to submit all make- up notifications to the Club Secretary as soon as you can. They can be submitted two weeks before and/or two weeks after a missed meeting.

**Guests and Visiting Rotarians:** We are always excited about having guests and visiting Rotarians to our weekly meetings. Please share the names of your guests with the Club Secretary each week. We do keep a record of who attends and this information will help with the book keeping.

**Using the Microphone:** Whenever you are speaking to the Club, whether it be as a speaker, making announcements or any other address to the Club, please come forward and use the microphone. Not only are there hearing impaired members, there is the problem with the Restaurant's kitchen fans blasting away so that the tables near the kitchen miss half or more of what you will say. Some of you feel you have loud voices. What you do not know is that when you start off, it's fine but as you go on, your voice gets lower and softer. You don't hear it but we do. Thanks for your cooperation.

**Apex Rotary Member Database Update:** You can update your personal data as follows:

1. Go to [www.apexrotary.org](http://www.apexrotary.org).
2. Click on "Membership"
3. Insert your email address (the one you used when you joined). In "Password", enter your Rotary ID number leaving out the first zero digit and click "Login".
4. Go to "Members" (top left) and click on "View My Data". It will automatically find your file.
5. Click on "Edit Member" and update your data.
6. On completion, at the very bottom of your data file, Click on "Update".

**The weekly newsletter** can now be viewed on our web site [www.apexrotary.org](http://www.apexrotary.org), click on "Newsletters". The file is in PDF format and you will need to have [Acrobat Reader](#) installed. If you do not have it, download it free at [Acrobat Reader](#).>

**Speaker Schedule** is now posted on the Club's web site <http://www.apexrotary.org>. Click on "Club Documents and then on the "Speaker Schedule 2007-2008".The file is in PDF format and you will need to have [Acrobat Reader](#) installed. If you do not have it, download it free at [Acrobat Reader](#).

**Apex Rotary Web Site News:** Click on the **NEW "Club Documents"** link on the Apex Rotary web site to see and have the option to download & print forms and copies of important club documents. The files are in PDF format and you will need to have [Acrobat Reader](#) installed. If you do not have it, download it free at [Acrobat Reader](#).

## Communications Officer Contact Information

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Email Address: [velsorb@gmail.com](mailto:velsorb@gmail.com)  
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