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# Rotary Club of Apex

"SERVICE Above Self"

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**APEX ROTARY NEWSLETTER - MARCH 12, 2009**  
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The following is a quote from a personal eulogy given by a past member of the Apex Rotary Club for a deceased member at gravesite. A concept by which we members should all abide.

*"For those of us who remain, and especially for our fellow Rotarians, we should always be mindful of this life well lived, a life of service above self, a life in which service to God, service to country and service to family was an unending mantra. Would that we all live such a life!"*

## The Basics

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**Kathy Gill**, Director Nursing, Rex Healthcare & Rehabilitation in Apex.

**Attendance:** 36 Apex Members

**Rotarian Visitors:** Bill Rousseau-Holly Springs; Fred Papa & Charlie Seay, The Cary Club; Ron Smith, The Garner Club.

**Guests:** Leigh Anne Brame (Will's Wife) & Leslie Pritchett, a potential member.

**Inductions:** Coming up next, Heather Herring, Kate Voss & Sharon Galuzzo on March 20, 2009.

**Makeups:** Malinski & Campbell.

**Program:** A visit to the rex Healthcare facility in Apex. The facility is designed with residents in mind, to accommodate individuals with physical limitations. Rex Healthcare continues their tradition of providing high-quality care through its Center in Apex where residents and patients receive superior rehabilitation as well as excellent nursing care. Their caring and professional staff uses a team approach to work with patients, residents and resident's families, along with their physician's to develop individualized treatment plans to insure that optimal goals are reached.

### ANNOUNCEMENTS & REMINDERS

**Group Study Exchange (GSE) Team 2009** is from District 9520 in South Australia. Area 4 of District 7710

will host the 5 team members from April 15 through April 19. Housing is needed for the nights of April 15, 16, 17 and 18 for each of the 5 members. Additional information for those Apex members interested in housing a team member can contact Ron Smith, Area 4 Coordinator at 919 612-6837 or via email to rsmith@sacherokee.com.

**March 20, 2009 - Casino Night Membership Spectacular:** Featuring a Friday night full of fun, food and fellowship, including awards and special presentations, exhibits from all aspects of Rotary and casino games of all kinds. Mark your calendars and plan to attend. *PRIZES NEEDED. DEALERS NEEDED.* Contact Karen Byrd at khbcpa@byrдыates.com for more information.

**Remember!!!!** District 7710 Conference in Wilmington is April 24-26, 2009 at the Hilton Riverside. Registration will be available soon on the District Website.

**Paul Harris Fellow:** There are Enough points available for 9 PHFs if you are interested in getting your PHF this year. You contribute half, \$500, and the District will match your contribution.

**September 20, 2009 (NEW DATE)** - Apex Rotary's Stop Hunger Now Million Meal Event - Apex Methodist Church. Details to follow.

## Apex Festival Commission-Apex Peak Festival on May 2, 2009

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The Apex Commission is seeking individuals and/or businesses to sponsor events for the Apex Peak Festival on May 2, 2009. In addition to individual sponsorship, multiple businesses or multiple individuals can sponsor one event, assuring each business/individual will be recognized with our public media (this year it is Clear Channel - they will do public announcements on a rotating basis of all the names/businesses sponsoring this year's festival), sponsors are listed on the Apex Peak website, in addition to banners and t-shirts. The sponsorship funds are funneled back into our community as local grants (i.e. Halle Cultural Arts Center located downtown Apex) and the festival generates foot traffic for our local businesses. If anyone has any questions, please do not hesitate to contact me at the information listed below or my cell at 417-2280. Thank you for supporting the Town of Apex and the Apex Peak Festival.

1. Sponsorship Form - [Click Here](#)
2. Sponsorship Letter - [Click Here](#).
3. Green Zone Form - [Click Here](#).

## Rotary Fishing Tournament - March 28, 2009

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### 1st Annual "Fishing for our Kid's Future" Team Bass Tournament Hosted by Apex Rotary Club and Carolina Bass Series.

- \*\*March 28th, 2009 at Jordan Lake/Farrington Ramp.
- \*\*Hours: 7:00 AM till 3:00 PM
- \*\*Registration: 5:00 AM
- \*\*Entry Fee: \$150 Per Boat (Including Big Fish Pot).
- \*\*\$2,000 Guaranteed 1st Place w/ 50 boats.
- \*\*Proceeds to benefit Apex High School School Scholarships.
- \*\*Early registration forms available from Jason Rackley and Eric Sayer or [registering online](#)

and click on "Special Events".

## Special Notes

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**Make Ups:** Please remember to submit all make- up notifications to the Club Secretary as soon as you can. They can be submitted two weeks before and/or two weeks after a missed meeting.

**Guests and Visiting Rotarians:** We are always excited about having guests and visiting Rotarians to our weekly meetings. Please share the names of your guests with the Club Secretary each week. We do keep a record of who attends and this information will help with the book keeping.

**Using the Microphone:** Whenever you are speaking to the Club, whether it be as a speaker, making announcements or any other address to the Club, please come forward and use the microphone. Not only are there hearing impaired members, there is the problem with the Restaurant's kitchen fans blasting away so that the tables near the kitchen miss half or more of what you will say. Some of you feel you have loud voices. What you do not know is that when you start off, it's fine but as you go on, your voice gets lower and softer. You don't hear it but we do. Thanks for your cooperation.

**Apex Rotary Member Database Update:** You can update your personal data as follows:

1. Go to [www.apexrotary.org](http://www.apexrotary.org).
2. Click on "Membership"
3. Insert your email address (the one you used when you joined). In "Password", enter your Rotary ID number leaving out the first zero digit and click "Login".
4. Go to "Members" (top left) and click on "View My Data". It will automatically find your file.
5. Click on "Edit Member" and update your data.
6. On completion, at the very bottom of your data file, Click on "Update".

**The weekly newsletter** can now be viewed on our web site [www.apexrotary.org](http://www.apexrotary.org), click on "Newsletters". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).>

**Speaker Schedule** is now posted on the Club's web site <http://www.apexrotary.org>. Click on "Club Documents" and then on the "Speaker Schedule 2007-2008". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Apex Rotary Web Site News:** Click on the **NEW "Club Documents"** link on the Apex Rotary web site to see and have the option to download & print forms and copies of important club documents. The files are in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Communications Officer Contact Information**

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 Email Address: [velsorb@gmail.com](mailto:velsorb@gmail.com)  
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Bruce Velsor | Rotary Club of Apex | Apex | NC | 27502